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The Cuban Kitchen: 500 Simple, Stylish, And Flavorful Recipes Celebrating The Caribbean's Best Cuisine



Synopsis

What is Cuban cuisine? A delectable intermingling of Spanish, Portuguese, Arabian, Chinese, and African culinary traditionsâ”a true melting pot of all the influences that combine in Cuban culture. Now, Raquel Rabade Roque gives us the definitive book of Cuban cuisine: encyclopedic in its range, but intimate and accessible in tone with more than five hundred recipes for classic, home-style dishesâ”from black bean soup to pork empanadas, from ropa vieja to black beans and croquetas, from tostones to arroz con pollo, from churros to caf  con lecheâ”as well as the vividly told stories behind the recipes. Based on the authorâ”s family recipes, this is real Cuban cooking presented with todayâ”s busy cooks in mind. Whether you are an experienced cook or a novice, a lover of Cuban cuisine or just discovering it, The Cuban Kitchen will become an essential part of your kitchen library.

Book Information

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Customer Reviews

Raquel Rabade Roque is the owner of the Downtown Book Center in Miami. She lives in Miami, Florida.

I can usually find at least a few recipes I love when I buy a new cookbook, but The Cuban Kitchen is riddled with them. Every recipe that I've tried has turned out delicious, and my Cuban husband even says it reminds him of his family's home cooking.

I keep turning to this cookbook--for everyday, delicious meals as well as for special occasions. And the family stories are lovely.

Tried to remember my parents recipes as much as possible- this book helped confirm !Great stuff- legit! Papa rellena came out just like dads!

Not very good recipes

A+

It pleased my wife, so it pleased me.

Bought this as a gift for friends who are from Cuba. They were very excited and pleased to get great recipes of the foods they grew up eating.

It has lots of basic CUBAN recipes in it.Very helpfull am sure I will refere to it in the future, and pass it on to my family

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